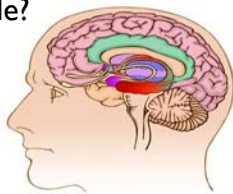


Join in the Cokesbury's  
**SINGLES SUMMER STUDY**

Can you solve this puzzle?



Sometimes conversation and relationship skills are a puzzle to us! This summer the Singles ministry will host a Summer Seminar,



**“Mind Over Mouth”**  
**June 6—July 18**

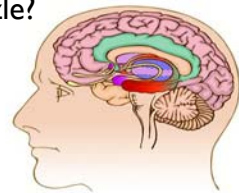
Do you ever say too much? Are you ever silent when you need to speak? These sessions will help us examine our motives and methods before we open our mouths. We will learn to think before we speak. Guest speaker presentations will be followed by break-out groups to discuss and role play a variety of topics which will include...

- ~ **“Know YOUR Style”**  
(Assertiveness Training)
- ~ **“Boundary Myths”**
- ~ **“What Tape is Your Mind Replaying”**  
(Self-Esteem/Self Talk)
- ~ **“The Third Side of Conflict Resolution”**
- ~ **“It’s never a good time to ‘Hold ‘em’ ”**  
(Resentments & Anger)
- ~ **“This Hurts Me More than It Does You”**  
(Forgiveness)

Cost is \$15. Each Sunday night, **5:30 – 7:30 p.m. North Campus, Youth Suite.** Please reserve your space by contacting Joy [jgaertner@cclive.org](mailto:jgaertner@cclive.org) or 246-0416. Open to all ages.

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