



Getting Kids Ready For the Real World

Encouraging Appropriate and Responsible Behavior



www.lifelinecounseling.org

**Help children make good choices
and develop positive self-esteem.**

Open to the Community

Classes approved to meet local judicial coparenting requirements

Getting Kids Ready for the Real World addresses these topics for children of all ages:

- Parenting methods that teach children to make wise choices
- Responsibility and accountability as a means of promoting self-esteem
- Getting kids through tough times
- The choices/consequences/reward approach to discipline
- Effective encouragement for difficult children
- Managing meltdown or rage
- Dealing with problematic behavior

Dr. Joy Carroll, Licensed Psychologist will be the instructor. Dr. Carroll has over 28 years experience and extensive training in the areas of child development and pediatric mental health.

Where: *Cades Cove Fellowship*, 2342 Duncan Road, Maryville, TN 37803 (Location is not in Cades Cove.)

When: Three class sessions –Wednesdays, April 14, 21, and 28 from 6:00 to 7:30 pm

Tuition: \$10 per person for the three sessions and includes handouts. The books *Setting Limits with Your Strong-Willed Child* and *SOS for Parents* are also available for \$10 each.

To Register: Class size limited. Register online at www.lifelinecounseling.org/parentingclasscadescope.html or call (865) 981-7400 or email kimmcmillan@lifelinecounseling.org